



Gallatin Valley Backcountry Horsemen

The Picket Line

June, 2006

Post Office Box 3232,
Bozeman MT 59772-3232
Website www.bchmt.org

Officers

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Rich Inman 388-1564
Vice President
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Treasurer
Bettye White 586-2301
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Wally Becker 587-9607
Dan Porter 388-0290
Larry Thomas 586-6878
1 year
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Please Help!
Bring roll up tables,
chairs, prizes and
horse water to the
Poker Ride. Prizes
can also be dropped
at the next meeting.

Riding Opportunities

Summer is here! Join the club for any of these events by calling the Trail Boss listed for each event. Please note that there have been a few changes to the schedule.

June

- 15 General Meeting: check the newsletter for program.
- 17 Trail Ride: Hell Roaring- contact Larry Thomas @ 586-6878 for information.
- 18 Trail Ride: Wilsall Beginner's Ride, contact Janice Cartwright @ 579-3445.
- 24 Trail Work Ride: Spanish Creek, contact Chick Hale @ 763-4105 for information.

July

- 1 Poker Trail Work Ride: Bridger Bowl, contact Bill Shields @586-3865 for information.
- 5 Board Meeting, 7 pm, Bettye's.
- 7 Poker Trail Flagging Ride: Bridger Bowl, contact Janice Cartwright @579-3445 for information.
- 8 Poker Ride: riding out of Bridger Bowl from 9 to 11 am, with supper at 1 pm and prizes at 4 pm.
- 9 Poker Trail De-flagging and Clean-up Ride: Bridger Bowl, no-host ride departs the parking lot at 10 a.m. Contact Jenny Tuthill @ 587-2289.
- 15 Trail Work Ride: Spanish Peaks, contact Wally Becker @ 587-9607 for information.
- 20 General Meeting: check the newsletter for program.

Gallatin Valley Backcountry Horsemen Mission
The purpose of this organization shall be (1) to perpetuate the common sense use and enjoyment of horses in Montana's roadless back country and (2) to assist the various government agencies in their maintenance and management of said resource and (3) to educate and solicit active participation by various members of the general public in the wise and sustaining use of horses and people, commensurate with our heritage and the back country's resource.

Human First Aid in the Back Country

Guest Speaker Fay Johnson is a ski patrol member and the Head of Bridger's Ski Patrol program. She is an instructor in backcountry medicine for the Wilderness Medical Association.

The basics never change: First Aid in town and the back country is the same. The difference comes in the length of time it takes to deliver the victim to professional medical help. Both require paying attention to these life-threatening priorities:

Airway Breathing Circulation

Treating a victim calls for identifying life threatening conditions and planning how to obtain outside help.

Life-Threatening Conditions

Head and spine trauma, heart attacks and anaphylactic shock from allergic reactions are all examples of life-threatening conditions that can occur in the backcountry. The danger of airway, breathing and circulatory conditions are all amplified by delays in getting the victim to medical attention. It is important to send a rider for help or to a site with cellular phone access.

Allergic Reactions to insect bites, stings and other allergens are generally localized. Watch for symptoms that extend away from the bite or sting site. Itching and constriction of the throat with difficulty breathing are other indications that a reaction has become systemic. Many persons aware of allergic reactions will be carrying an EPI-Pen (Epinephrin), and this should be administered. Backcountry first aid kits should include an antihistamine like Benedryl that can be taken to counteract systemic allergic reactions. There is a half-hour window of time in which allergic reactions may rebound again after treatment. Anaphylactic shock can cause death almost immediately, and helicopter evacuation should be sought quickly.

Head and Spine Injuries Immobilize head, neck and backs. Indications of serious head injuries include the loss of mental acuity, a dazed appearance, unconsciousness, agitation, headache, nausea, and/or fluid coming from the ears and/or nose. All injured tissues swell and that process can continue for up to 24 hours after the trauma. Wearing a helmet can

reduce head injuries substantially. Dangerous injuries of the head and back call for evacuation by helicopter if possible. Mountain sickness may cause headaches, but can be treated by getting the victim to a lower elevation.

Lung Injuries include broken ribs or punctures to the abdomen that can impact breathing.

Less-Threatening Conditions

Simple sprains, abrasions, dermal punctures, cuts, etc., are conditions that occur frequently but are not generally life-threatening. Note whether these conditions get worse, stay the same or improve.

Bleeding can be treated by locating the source and applying pressure to the wound. Nosebleeds should be treated by blowing the nose, leaning forward and pinching the nose for 10 to 15 minutes to stop the bleeding.

Internal Bleeding can not be treated easily in the field. But it should be considered in evaluating a victim with any trauma to the chest or belly. This patient needs to be evacuated quickly.

Broken Bones are not generally life-threatening, though pelvis and femur breaks can have internal bleeding. The pelvis usually breaks in more than one place, so a broad bandage applied like a belt around the pelvis can help to stabilize the injury and limit internal bleeding.

Hypothermia also causes an altered mental state and may be accompanied by shivering. Treat by reducing the external cold and increasing the internal temperature. Get off the horse and walk to increase body temperature. Take warm, non-alcoholic liquids. This condition occurs commonly at temperatures as high as 46 degrees and warmer.

May 18, 2006 General Meeting Minutes

Call to Order: Meeting called to order at 7:15 pm.

Attending: Officers & Directors in attendance:
Trina Frederickson, Rich Inman, Bettye White, Wally Becker, Dan Porter, Jenny Tuthill, Joellyn Howell, Janice Cartwright, Beth Merrick

Guests & New Members: Rich welcomed new members and guests.

Minutes: Motion to accept Minutes of April 20th, 2006 by Dan March; second by Janice. Passed.

Treasurer's Report: Bettye White reported that we have outstanding bills for the newsletter of \$28.00, payable to Jiffie and \$425.00 for our insurance renewal. Motion by Wally Becker to pay the bills; second by Bob Steinman. Passed.

Correspondence: Sabrina provided a synopsis of the first aid portion of the Defensive Horsemanship Clinic for distribution. Miscellaneous correspondence received.

Communications: Joellyn has provided copies of our trail ride schedule for interested members to distribute at boarding stables, etc.

Trails Report: Chick advised that our Trails Work Day on May 13th brought six members to help on the Spanish Creek Trail. The Forest Service has contacted Chick about the Kirk Hill hiking trail.

State Report: Brown provided a report on the State Directors meeting that took place in Lincoln, MT. Briefly... USFS has approved an increase to \$0.44/mile for work being done on forest trails. National Director Chuck Miller gave a report that the state budget has exceeded dues collected and we're in need of a fundraiser. The Right to Ride Bill is currently held up in Congress. Brown also provided Rich with a copy of the Memo of Understanding between the USFS and BCH which outlines duties and responsibilities for each parties. Mark you calendars... the 2007 State Convention will be held in Lewistown at the Yogo Inn on March 30, 31 and April 1st.

Membership: We currently have 33 individual members as well as 21 families.

Program: Fay Johnson was our guest speaker. Fay heads up the Bridger Ski Patrol, among other things and provided some very valuable information on Backcountry Wilderness Medicine for Humans. A number of medical situations that could arise

in the backcountry were discussed including: bee stings, concussions, hypothermia, nose bleeds and broken bones. Fay discussed the various symptoms to watch for in individual cases including swelling, hives, loss of consciousness, mood changes, pain and some of the ways in which to treat them. We also talked about the types of cases that require emergency evacuation (ie. via helicopter) vs. non life-threatening cases where the individual can ride/walk out. Fay had a lot of valuable information to provide which is hard to condense into one evening. If you'd be interested in taking a course taught by Fay, please contact Jenny Tuthill for more information.

Next Meeting: June 15th, 2006 and Trina Frederickson will be providing the snacks

Adjournment: 9:00 pm.

Attendance: 27

Treasurer's Reports

May 18 General Meeting

Checking Account Balance 4.20.06	\$2,894.65
Expences none posted	
Deposits	
Refund of Fair Ground deposit	\$353.00
Checking Account Balance 5.18.06	\$3,247.65
Other Assets	
Petty Cash	\$38.13
Money Market 4.30.06	\$2,021.65
CD	\$3,000.00
Grand Total	\$8,307.43

June 7 Board Meeting

Checking Account Balance 6.7.06	\$3,247.65
Expences	\$453.00
Insurance	\$425.00
Newsletter	\$28.00
Deposits none posted	
Checking Account Balance 6.7.06	\$2,794.65
Other Assets	
Petty Cash	\$38.13
Money Market 4.30.06	\$2,029.64
CD	\$3,000.00

President's Report

The first trail rides of 2006 are now in the books. The Red Bluff ride on 4/29 was attended by 10 people and we had one of those rare non-windy days in the Madison country. We rode about 6 miles, had lunch on a knob with a dandy panoramic vista, then wandered toward home. It was great fellowship plus the horses got some much needed exercise.

Joellyn Howell lead the Horseshoe Hills ride and did a great job. This was another ride where people got to know each other and the horses got gentle exercise during the spring conditioning period. Thanks Joellyn for the use of the cabin for lunch. It was a fine lunch stop.

Chick Hale lead a spring conditioning ride up Garnet Mountain trail, but I did not get to attend and am not sure how it went as it was kind of snowy that day.

Also I want to mention our 19th Annual Poker Ride coming on July 8th. Please volunteer or help out in anyway you can. This is our big fund raising event and my hope is that everyone will contribute in some way. Whether you donate a prize, furnish some of the food or take on one of the tasks, it all helps. Someone asked why we are asking for food donations. This is just one more way for people to help out and at the same time help us save money by not buying food. Food is one of our biggest costs for the poker ride. Contact Joellyn Howell or any board member if you can help or want to donate a prize or food.

Please look at our events schedule for 2006 and remember the work days on Spanish Creek trail. We need help getting this trail in shape for the year. Work days are 6/24,7/15,8/12 and 8/19. If each one of us helped out on at least one of the days, we would have enough help to get the trail in shape. Contact Wally Becker for information.

After we get our Memorial Day snow storm out of the way, summer soon will be upon us so enjoy the great backcountry that the Almighty has provided us.

- Rich Inman, President GVBCH



Hall of Famer John McIlhattan

BCH member and former board member, John McIlhattan began driving goats in his little red wagon at age 10. As a teenager he was teaching others to drive through the 4-H program. John uses Belgians horses to pull sleds in order to feed his bison herd. The induction will take place at the Big Sky Draft Horse Expo on September 16 at the Tri-County Fairgrounds in Deer Lodge according to an article in the Bozeman Daily Chronicle on Sunday, May 21, 1006.

The Gallatin Valley Back Country Horsemen congratulate John on this acknowledgment of this and many other contributions to the horse community.

Sharon Lowry is featured in a Chronicle Article on Dog Dancing

Former Poker Rider Co-Chariperson and horse enthusiast, Sharon Lowry, has gone to the dogs. She even dances with them and was recently featured, along with other Bozeman practitioners in an article on dog dancing. Practices are held on Tuesday evenings at the Gallaltin Fairgrounds.

Bridger Trail Crew Schedule

From Bill Shields (586-3865) comes the summer schedule for trail work in the Bridgers. A Forest Service Volunteer form needs to be completed to ensure insurance coverage as a volunteer. The crew leaves the trailhead at 9:30 each Monday and returns between 4:00 and 5:00 pm except for the Porcupine Forest Service Cabin ride on August 14 and 15. Bring a lunch, water, raincoat and work gloves. No prior training is required. Call Bill for directions to the trailhead. Bad weather could cause a cancellation, so check-in before the ride with the Trail Boss.

Date	Trails	Trailhead
6-12	#538 South	Bridger Bowl Parking
6-19	#400 Little Hellroaring	Spanish Creek
6-26	#50, #53 Mystic Lake	Bear Canyon
7-3	#444 Logger Creek	Rt 191-1 mile South of Squaw Creek
7-10	#538N, #525 Ross Pass	Brackett Creek
7-17	#422, #423 S Cottonwood	South Cottonwood
7-24	#422-4, History Rock	1 mi. N of Hyalite Reservoir on right
7-31	#540 Shafthse to Fairy Lake	Sedan, left on Seitz Rd 1 mi. to trailhead
8-7	#540 N. Cottonwood	14 miles up Springhill Road on the right
8-14/15	Porcupine Cabin	Turn left into trailhead and cabin in Ophir School

June 7, 2006 Board Meeting POKER RIDE

Call to Order: Meeting called to order 7 pm by Janice Cartwright at Bettye White's home.

Attending: Bettye, Wally, Dan Porter, Joellyn, Janice, Beth, Larry, Lorie.

Treasurer's Report: Bettye reported May figures.

Business: Chair Joellyn Howell reported on the upcoming Poker Ride:

Press Release: Bettye will mail news releases to Explore Magazine, Lone Peak, Big Sky Weekly, Rocky Mountain Rider and local television stations.

Waiver: all participants and club members must sign waivers. Add statment: An adult/guardian must sign for a minor, and by signing, the adult represents that they are the legal parent/guardian for that child.

Printing: Lorie moved and Larry seconded a motion

to pay Beth for printing expenses for print. Passed.
Donation Forms: Future forms should be 2 part with one @donor and club, include value, correct spelling for donor or business name as it will appear in print.
Food: Janice moved and Laurie seconded a motion to accept a bid of \$315 from Lee & Dads for catering. Passed. 2 watermelons to to Pop Stop 1, 3 to Pop Stops 2 and 3. 540 bottles of water will be purchased along with 180 pops.

Poker Ride Schedule for July 8&9

Prior Trail development Bill Shields and crew
Friday, July 7

9:00-Noon Deliver coolers to trailer: Jim Hamilton, Joellyn Howell, Jiffie and Chick Hale, Rich Inman, Jenny Tuthill, Bob Steinmann
Porta Potties delivered: Janet Castro

9:00 Deliver trailer to Bridger Bowl: Wally Becker
10:00 Departure from Bridger Bowl Parking area to flag the trail: Reggie Clark, Janice Cartwright, Kay Tate, Dan Porter

5:00 till done Poker ride set up at Bridger Bowl, Potluck Dinner

Saturday, July 8

7 Breakfast set up: Joellyn and John Howell
First Aid set up: Reggie Clark

7:30-9:00 \$2 Coffee and Muffins: Joellyn and John Ice and coolers delivered: Wayne Frederickson, Larry Thomas

8:00 Set up prizes: Alice and Dan Marsh
Set up registration table Beth Merrick, Bettye White, Jiffie Hale

8:30-3:00 Extra Hand and extra raffle ticket sales

8:45 Advance riders depart: Jenny Tuthill

9:00 AM Pop Stop workers depart:
Stop 1/Larry Thomas, Janean Hardman
Stop 2/Bob Steinmann
Stop 3/Brown and Sammylu Parsons

9:00-10:30 Registration Beth Merrick, Bettye White, Jiffie Hale

10:30 Riders must draw all cards before departure

11:00 Lunch set up: Lee & Dad's, Joellyn and John

11:15 Sweeps depart Reggie Clark, Lori Brockway

1:30-4:00 Meal service: Joellyn & John Howell, Rich Inman, Betty White

4:00 or ASAP Poker Hand announcement: Dan Marsh

4:30 Clean up: all members

Sunday, July 9

10:00 Clean Up Trail Ride Bosses: Jenny Tuthill (587-2289) and Bob Steinman

The Gallatin Valley Back Country Horsemen are indebted to the following businesses and members who contributed to the success of our 2005 Poker Ride. Please give them your business.

Businesses:

Ag Depot

All West Veterinary

Ardesson Boots and Shoes

Big Sky RV

Bitterroot Trailer Sales

Bob Ward & Sons

Bozeman Saddle Outlet

Bridger Feeds

Cashman Nursery

Century 21- Dan Porter

Chalet Market

Chalet Sports

Concrete Construction

Costco

DJ Bar Ranch- Jehnet Carson

Double Diamond Halters

Freeway Enterprises

Gourmet Gas Station

Broken Hart Ranch- Lee Hart

Kountry Korner Cafe

Lee & Dad's

Montana Canvas

Montana Harvest

Montana Mandolin Society

Murdoch's Ranch & Home

Owenhouse Hardware

Precision Fence Systems

Rocky Mountain Hat Co.

Rocky Mountain Supply

Schnees' Boots and Shoes

Shear West- Diana Swan

Members

RJ Conti

Dick Haines

Laura Hanks

Joellyn and John Howell

Rich Inman

Beth Merrick

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